

RE-EVOLVE

COUNSELLING AND PSYCHOTHERAPY

THERAPIST BOOK CLUB

**EVERY FRIDAY
2PM to 3PM**

Find yourself wanting to learn
through reading?

STARTING

JANUARY

2023

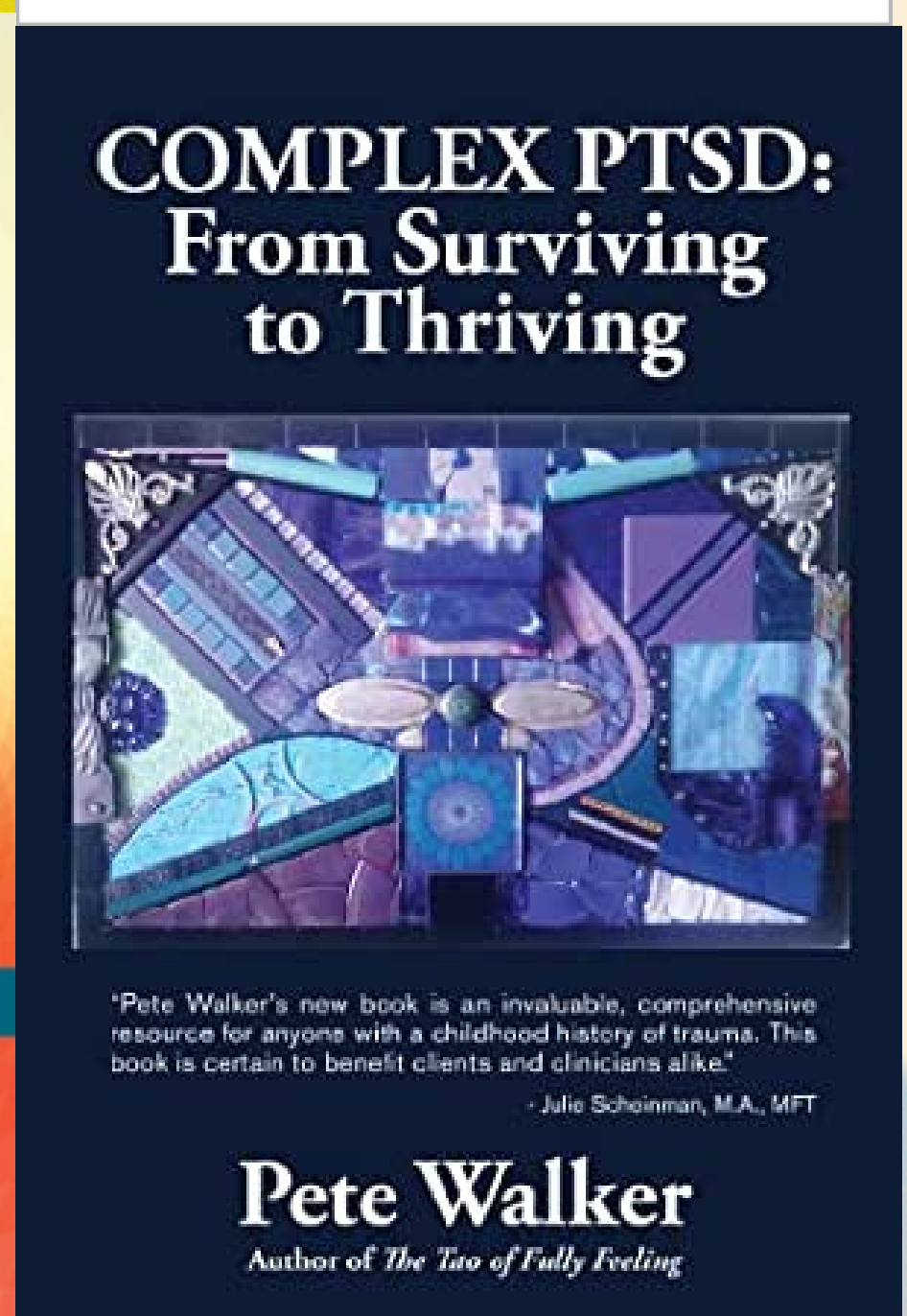
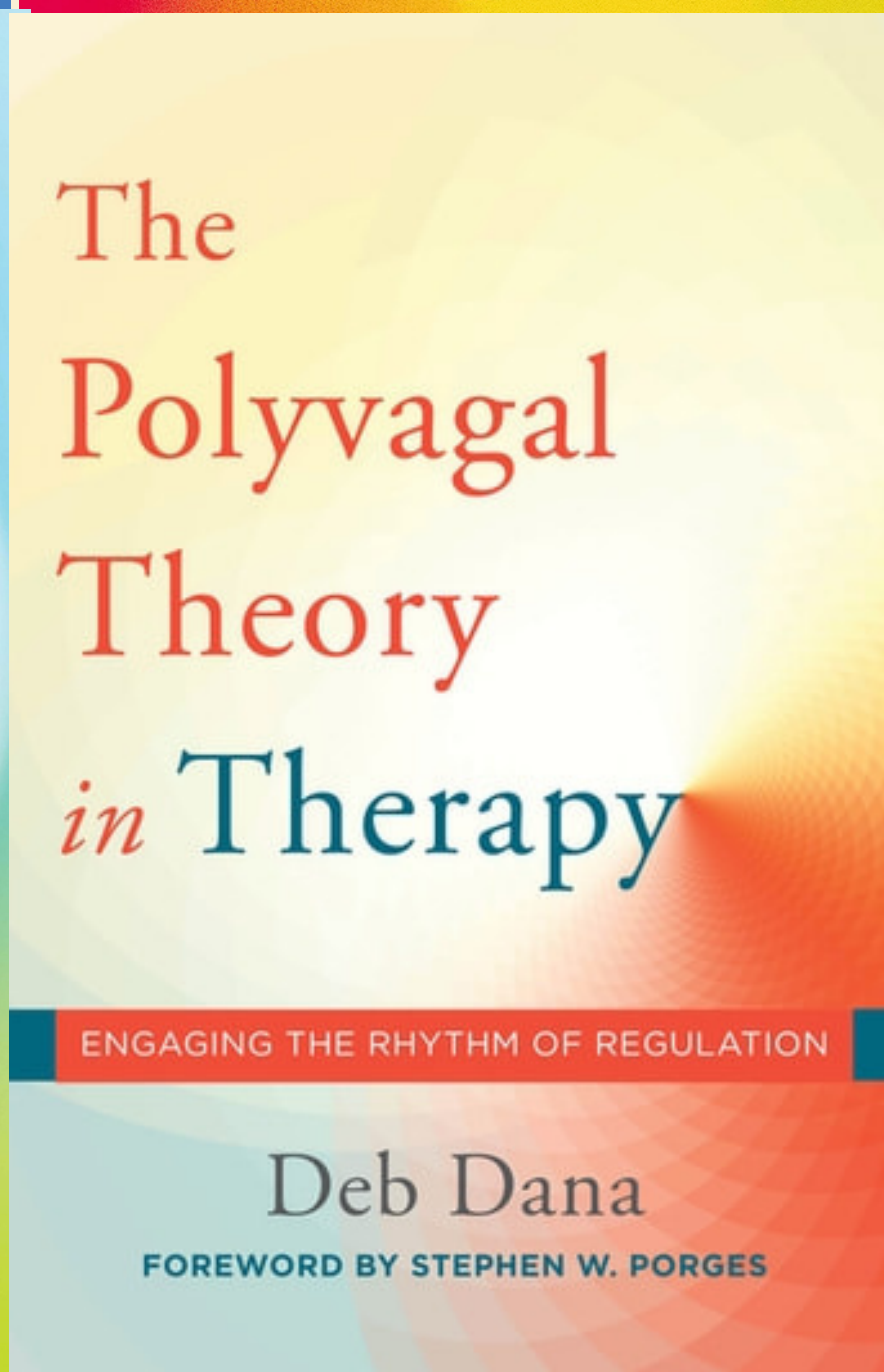
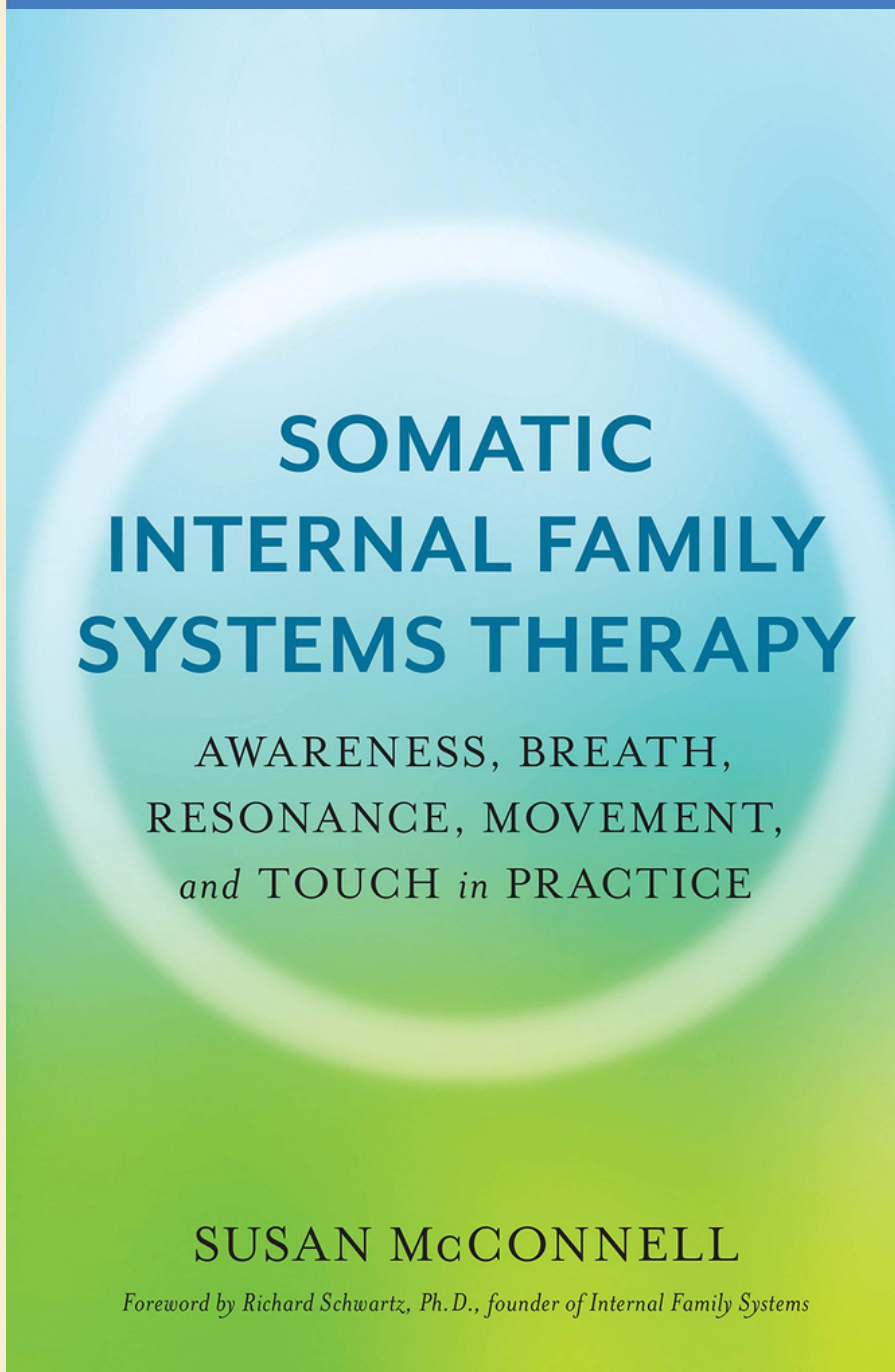
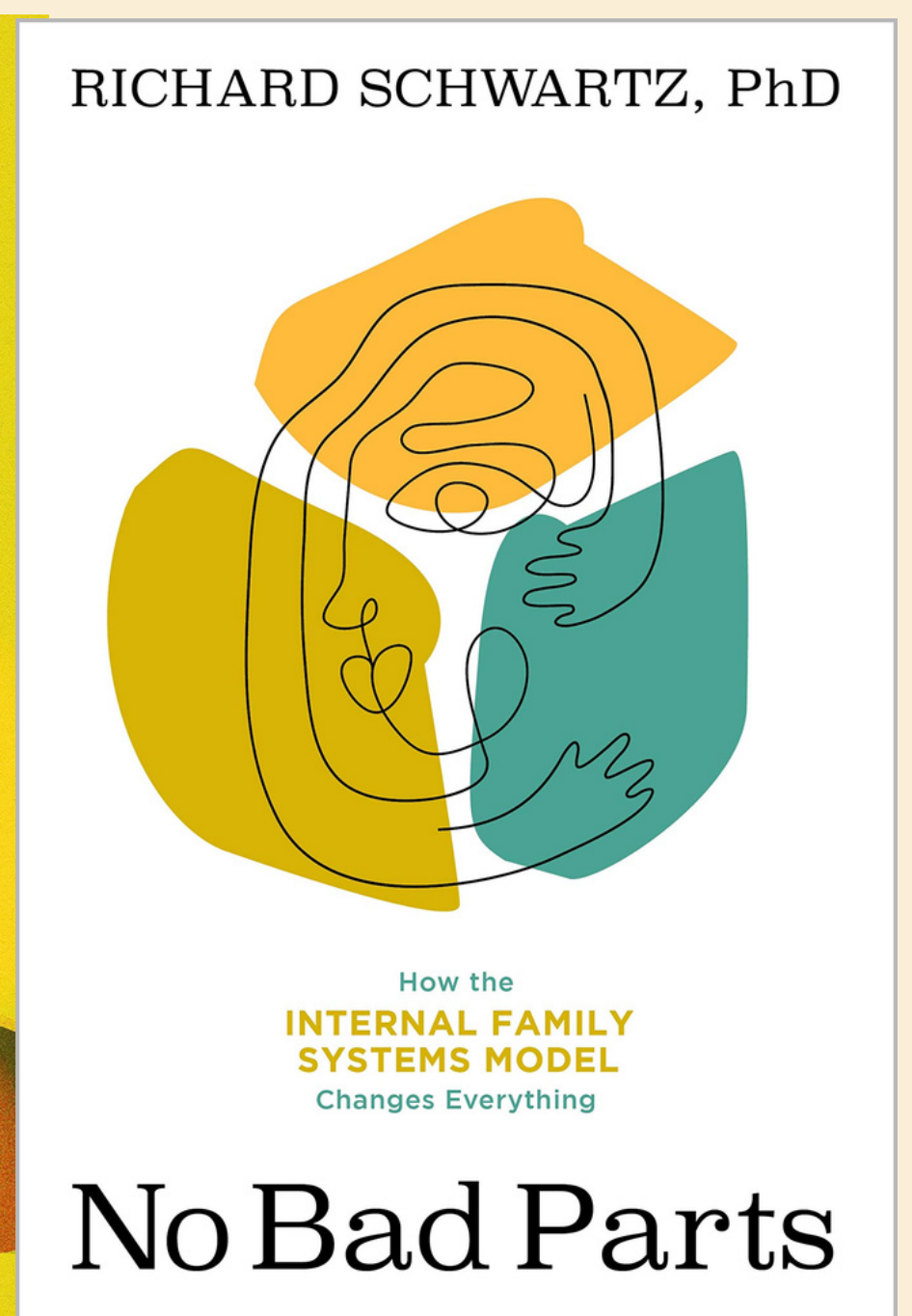
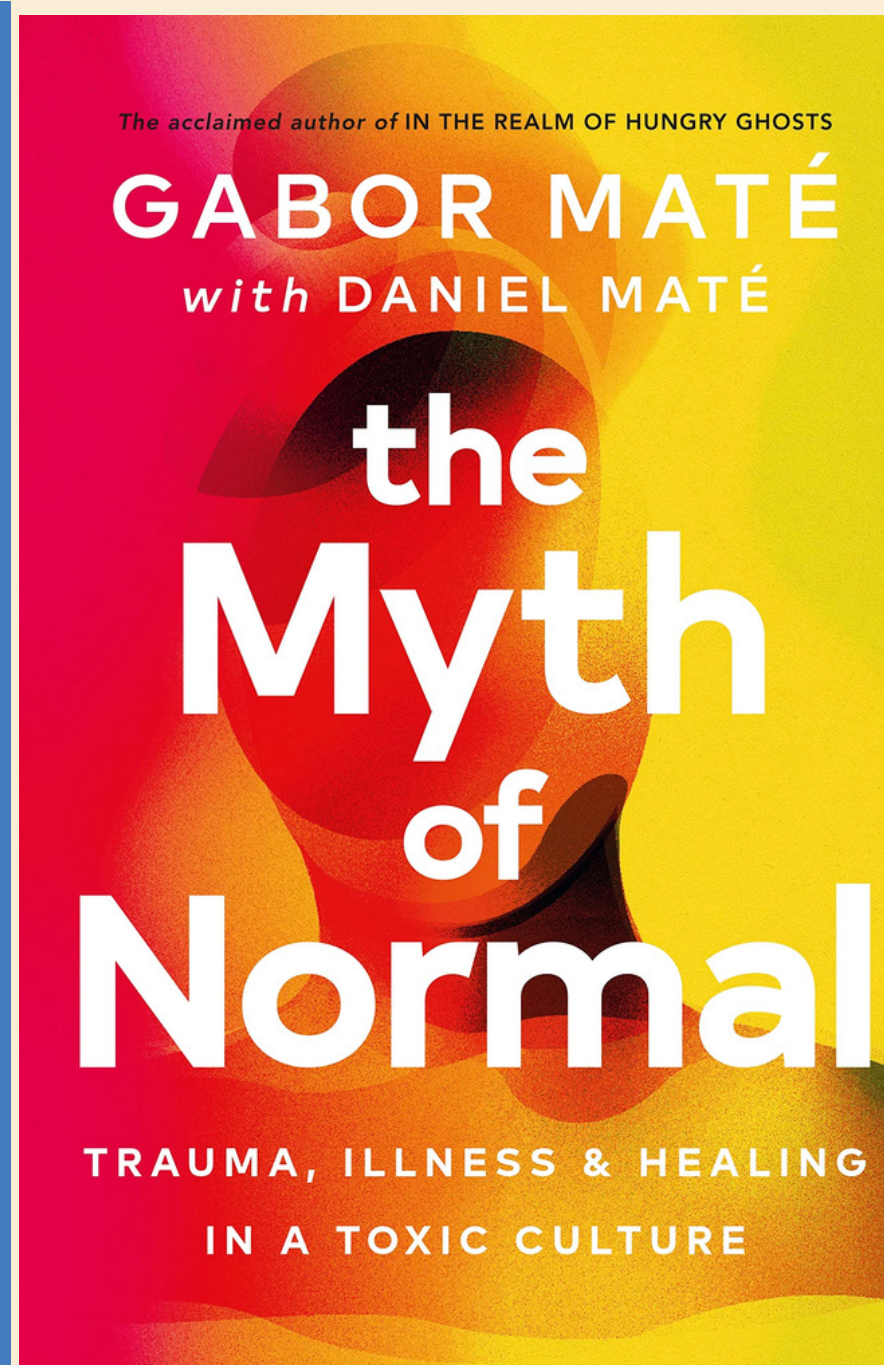
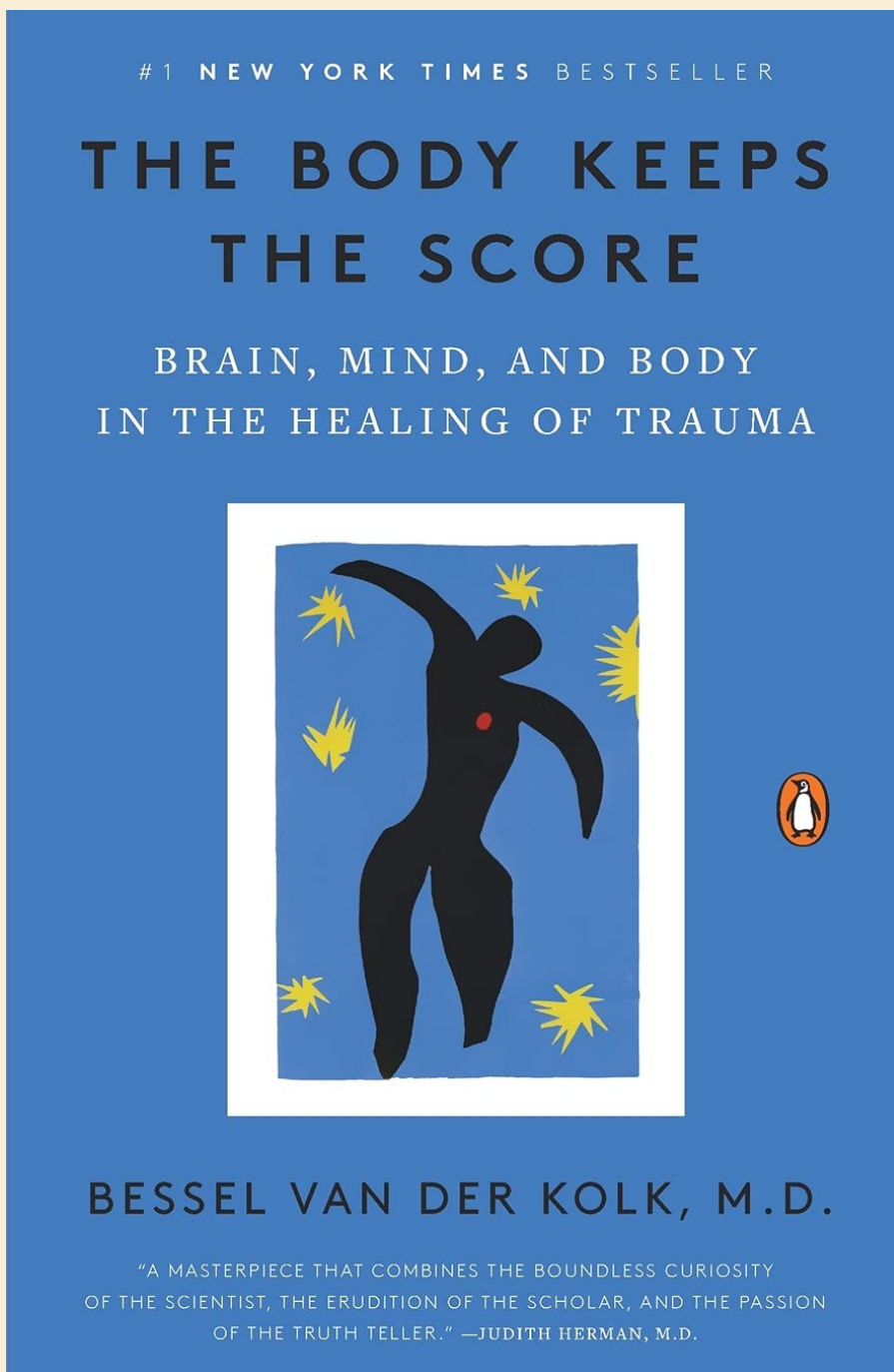
JOIN OUR READING CIRCLE!



RE-EVOLVE

COUNSELLING AND PSYCHOTHERAPY

Book List



Monthly Subscription: INR 200

RE-EVOLVE

COUNSELLING AND PSYCHOTHERAPY

FIRST READ

**FIRST MEETING
6th January, 2023**

STARTING
JANUARY
2023

#1 NEW YORK TIMES BESTSELLER

THE BODY KEEPS THE SCORE

BRAIN, MIND, AND BODY
IN THE HEALING OF TRAUMA



BESSEL VAN DER KOLK, M.D.

"A MASTERPIECE THAT COMBINES THE BOUNDLESS CURIOSITY
OF THE SCIENTIST, THE ERUDITION OF THE SCHOLAR, AND THE PASSION
OF THE TRUTH TELLER." —JUDITH HERMAN, M.D.

DETAILS:

- A shared space of therapists getting together who are primarily interested in Trauma-Informed learning through reading.
- The goal will be to read precisely **three chapters of a book per week**, and get together by the end to discuss it.
- The book PDFs will be provided to everyone who will be partaking. Along with recommendations of software that help with Text-Speech feature who prefer it.
- A discussion will be facilitated to go-over our understandings. Meetings will be held virtually every Friday 2pm.
- Monthly subscription would be Rs. 200.
- This Book Club is primarily focused on deeper understanding and knowledge of Trauma-informed therapeutic practice, therefore the book-list is already set for the first 6 books. Post that, we may get together and decide mutually!
- If this interests you, please get back to us:
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vidushisoni@reevolvepsychotherapy.com